



Nippers Preliminary Evaluation 2020/21

Please have your accredited swim instructor complete the below details and return to

juniors@oceanbeachslsc.com

by Friday 9th October 2020.

Childs Name _____

Age Group 2020/21 _____

Distance Swam/Time _____

Survival float time _____

Swim Instructor _____

Swim Centre _____

Date _____

Birth date between these dates	Age Group 2020/21	Swim Distance	Survival Float Time
7 years old and those turning 8 after 30/9/20	U8	25m (any stroke)	1 minute
8 years old and those turning 9 after 30/9/20	U9	25m (any stroke)	1 minute
9 years old and those turning 10 after 30/9/20	U10	25m (freestyle)	1.5 minutes
10 years old and those turning 11 after 30/9/20	U11	50m (freestyle)	2 minutes
11 years old and those turning 12 after 30/9/20	U12	100m (freestyle)	2 minutes
12 years old and those turning 13 after 30/9/20	U13	150m (freestyle)	3 minutes
13 years old and those turning 14 after 30/9/20	U14	200m (freestyle) (timed swim – in under 5 minutes)	3 minutes

The distances listed above are the minimum standard which is required to be able to participate in nippers water activities