

OCEAN BEACH SLSC – JUNIOR ACTIVITIES

Update 11 October 2021

Welcome to the 2021/22 season for Ocean Beach Junior Activities. This year the club will be celebrating 100 years of surf lifesaving. We stand proud to be being the oldest surf lifesaving club on the Central Coast. Please look out for the functions and activities that have been organised and memorabilia that will be available to celebrate this occasion.

Below is an update on the nipper program. The information and dates below are subject to change. As the year progresses and we are advised of further activities and specific dates we will let you know. As nippers is considered a community sport there are a number of restrictions and conditions to which we must follow and comply with.

REGISTRATIONS

Registrations need to be completed online and need to be completed by 31st October 2021. Don't forget you can use your Active Kids Vouchers which expire in December. If you need assistance in completing the registration please call or email Belinda in the office and she will be able to assist you. For registration fees please refer to the website

<https://www.oceanbeachslsc.com/wp-content/uploads/2021/09/2021-22-Membership-Fees.pdf>

Email: office@oceanbeachslsc.com

Phone: Club 4344 2800

START DATE

Nippers will be commencing on Sunday the 31st October. As with last year it will be staggered start times for the age groups:

0830am	-	Under 14, Under 13, Under 12
0845am	-	Under 11, Under 10, Under 9
0900am	-	Under 8, Under 7, Under 6

At your start time can you please make your way onto the beach to your age group flag where your age manager will be waiting.

COVID RESTRICTIONS

Ocean Beach SLSC will be following all health orders on and off the beach. We ask that you all practice social distancing, ensure equipment is not shared, unless washed in between use, that each child has their own towel, hat and drink bottle and that you scan the QR code on arrival for nippers.

We will have these QR codes leading onto the beach and each age manager will have a copy with them as well. If you check in before stepping onto the beach you will be asked to show evidence of check in.

Please comply with the directions of age managers and officials. We are volunteers working for the children and we ask you respect and comply with the restrictions that have been placed upon us.

VACCINATION STATUS

It is a requirement that all participants, parents and SLS officials (16+) must be double vaccinated. Up until December 1, we will need anyone that attends for nippers that they are double vaccinated. The age managers, water safety and any other official within the club who is involved with nippers will have shown their vaccination certificates to enable them to participate.

On the beach for activities, the age manager will be asking to sight your vaccination record on arrival for marking attendance, the first time the child attends, or whenever a new carer is with the child on the beach. From 1 December, restrictions will be eased and under the Public Health Order, all activities will be open to all members.

If you are unable to attend nippers because of this please let me know and we will organise a program so that the children do not miss out any education and that when they are able to come back they will be fully prepared.

QUALIFICATION SWIMS

To make the most of the time we do have on the beach when we start we will be holding the prequalification swims for the next two Sundays. Your age manager will be in contact with you on what time you need to be at the beach to complete this swim. Do not forget you cannot participate in activities until this is completed.

Competition qualification swims will be conducted after a nipper training day. Please see calendar dates below for when these will be conducted.

Under 8

25m swim (any recognised stroke)
1-minute survival float

Under 9

25m swim (any recognised stroke)
1 minute survival float

Under 10

25m swim (any recognised stroke)
1.5 minute survival float

Under 11

50m swim (any recognised stroke)
2 minute survival float

Under 12

100m swim (any recognised stroke)
2 minute survival float

Under 13

150m swim (any recognised stroke)
3 minute survival float

Under 14 age group will be training for the SRC and will be doing their qualification in the pool.

Under 6 (will be completed first week of nippers)

From a standing position in waist-deep water, perform a front glide and recover to a secure position.
Perform a back or front float holding a buoyant aid and recover to a secure position.

Under 7 (will be completed first week of nippers)

From a standing position in waist-deep water, perform a front glide, kick for 3m and recover to a secure position.

Perform a back or front float for a few seconds and recover to a secure position.

UNIFORMS

Uniforms for the new under 6 age group and any new members for the under 7 age group will be handed out on your first day on the beach.

Other age group members that require competition hats and rash shirts these will be with your age manager. Please see them to collect.

The club also has a new supply of ENGINE goggles that we sell to our members. Cost is \$25 a pair or two pair for \$45. Please see Robyn Carr for any purchase on a Sunday or Belinda in the office during the week.

Club costumes are ordered on line through Fashion Fish who will mail them directly to you. The club has sizes available for you to try on.

COMPETITION

At this point in time we have not been given any further information on competition. Once this information is provided we will be letting everyone know.

CHAMPIONSHIP DAY

This year we are going to hold a one day only championship event instead of the normal 3 point score days. The day will be Sunday 13th March and we are hoping that the whole club will be able to participate. More information will be provided as the season progresses.

CALENDAR DATES

2021

October 17	- Prequalification Swims
October 24	- Prequalification Swims
October 30	- Rookie Uniform Handouts
October 31	- Nipper Training Day
November 7	- Nipper Training Day / Education
	- Competition Qualification Swim 10am
November 14	- Nipper Training Day / Education
	- Competition Qualification Swim 10am
November 21	- Nipper Training Day / Education
November 28	- Nipper Training Day / Education
December 5	- Nipper Training Day
	- Junior Lifesaver of the Year Applications Close
December 12	- Nipper Training Day
December 19	- Christmas Party Fun Day

NO NIPPERS DECEMBER 26 & JANUARY 2

2022

January 9	- Nipper Training Day
January 16	- Nipper Training Day
January 23	- Nipper Training Day
January 30	- 100 Year Club Celebrations, No Nippers
February 6	- Nipper Training Day
February 13	- Nipper Training Day
February 20	- Nipper Training Day
February 27	- Nipper Training Day
	- Under 6 & Under 7 Last Day & Presentation
March 3	- State Titles Sydney Branch
March 4	- State Titles Sydney Branch
March 5	- State Titles Sydney Branch
March 6	- State Titles Sydney Branch
March 27	- Junior Presentation
TBA	- Club Championship Day

We hope you are all just excited to be back on the beach as we are to see all of you. If you have any questions or concerns please contact me through email juniors@oceanbeachslsc.com or after-hours phone 0409 152 248.

Robyn Carr
Director Junior Activities